



transdiagnostic

mental health network

THURSDAY 07 SEPTEMBER

10.00 Tea/Coffee & Welcoming Remarks - Tim Dalgleish

10.45 Session 1 - Transdiagnostic Therapies

12.00 Keynote Address - Roz Shafran

UCL, London, UK

Breaking Boundaries: Transforming Mental Health through Transdiagnostic and Modular Treatment Innovations

13.00 Lunch & Poster Presentations

14.15 Session 2 - Transdiagnostic Markers

15.30 Tea/Coffee

16.00 Keynote Address - Stefan Hofmann

Boston University, USA

Process-based Therapy: Moving Beyond Diagnoses and Syndromal Treatments.

17.15 Drinks Reception in the CBU garden

19.30 Conference Dinner at Clare College

FRIDAY 08 SEPTEMBER

09.15 Tea/Coffee

09.45 Session 3 - Transdiagnostic Predictors

11.00 Keynote Address - Duncan Astle

MRC Cognition & Brain Sciences Unit, University of Cambridge, UK

A transdiagnostic approach to neurodevelopment

12.00 Flash Talks

13.00 Lunch & Poster Presentations

14.15 Session 4 - Implications of Transdiagnostic Research in the Clinical Field

15.15 Tea/Coffee

15.45 Keynote Address - Shannon Sauer-Zavala

University of Kentucky, USA

Targeting Higher-Order Dimensions of Personality: A Potent, Parsimonious, and Personalizable Approach to Mental Healthcare

16.45 Closing Remarks & Farewell Drinks